

Name: _____

Directions: As a group, read the following conflicts and answer the questions below.

Conflict #1

My brother has recently failed some classes; I brought up my grades in every class from extra studying. My parents told me I can do better and my brother got rewarded "for trying" with \$50.

-How do you feel you would respond in this conflict?

How do you think these individuals feel?-

-How could this conflict be handled in an appropriate way?

-Example of I-message:

Conflict #2

In lab, my partner keeps yelling out to the class that he has a problem with me and wants to change partners. He tries to work on his own and does not compromise with me when we have to do an experiment.

-What could cause this conflict to escalate?

How do you think these individuals feel?-

-How could this conflict be handled in an appropriate way?

-Example of I-message:

Conflict #3

Last night during dinner I was trying to tell my mom something that happened in school. She wasn't paying attention and instead was reading something on her I-Pad. I accused her of not caring about what I had to say and never listening to me. After that, we continued eating dinner in silence and I went to my room. We haven't talked about it since but it hasn't been the first time this conflict has come up.

-How do you feel you would respond in this conflict?

How do you think these individuals feel?-

-How could this conflict be handled to de-escalate the issue next time it comes up?

-Example of I-message:

Conflict #4

I am having a birthday party. There is limited space so I can't invite all of my friends. I invited all the friends that I thought were the closest and I didn't invite one friend. I don't think she knows but I feel bad.

-How do you feel you would respond in this conflict?

-What could happen to cause this issue to escalate?

How do you think these individuals feel?

-How could this conflict be handled in an appropriate way?

-Example of I-message:

Conflict #5

I was playing a game at my friend's house and we decided to bet on the game. At the end of the game I won and he decided not to pay me. We made the bet so he needs to pay but I still haven't received my money.

-How do you feel you would respond in this conflict?

-How do you think these individuals feel?-

-What could cause this conflict to escalate?

-How could this conflict be handled in an appropriate way?

-Example of I-message:

Conflict #6

I had an argument with my friend because I didn't have the handout I needed to complete an assignment for class because I wasn't there that day. She was supposed to send me a picture of it so that I could come into class prepared with my own copy. She never sent a picture of the handout to me.

-How do you feel you would respond in this conflict?

-How could this conflict be handled in an appropriate way?

-Example of I-message: