

Name _____

Contraception Methods

Directions: Using bedsider.org and plannedparenthood.org fill out the following chart on contraception methods.

Method	How effective is this as a disease prevention method?	How effective is this as a birth control method?	Advantages?	Disadvantages?
Abstinence				
Condom				
Female Condom				
Birth Control Pill				

Dental Dam				
Spermicide				
Diaphragm				
Sponge				
Emergency Contraception (Plan B)				
Withdrawal Method				