

Name \_\_\_\_\_

### **Sexual Responsibility Definitions**

Sexual Behavior: Broad spectrum of behavior in which humans display their sexuality

Sexual Responsibility: making informed decisions and safer sex choices

Intimacy: mental, emotional or physical closeness such as a personal remark, a warm or familiar setting or detailed knowledge

Disease Prevention: efforts to stop the spread of disease/infections from infecting a person

Birth Control: prevents pregnancy from occurring

Sexually Transmitted Diseases: An infection transmitted through sexual contact, caused by bacteria, viruses, or parasites

Bacterial: can be treated and often cured with antibiotics. Some bacterial STI's include chlamydia, gonorrhea, and syphilis

Viral: can be controlled, but not cured. If you get a viral STI's, you will always have it. Some viral STI's include HIV, genital herpes, human papillomavirus (HPV), strains of hepatitis

Parasites: an organism that lives on a host, can be cured by topical creams ex-  
pubic lice

# SEXUAL READINESS

Here are some questions to ask yourself BEFORE getting involved in SEXUAL INTERCOURSE.....

- How do i feel about sexual intercourse? When do I think it would be right for me? Under what conditions and with what kind of person?
- How does the other person feel? How do these feelings fit with my own?
- What makes me feel I want to have intercourse right now? Is there any chance that I am pressuring or exploiting the other person? Could they be pressuring or exploiting me?
- What do I expect sexual intercourse to be like? What if it is bad and I don't enjoy it? How would I feel about myself, about my partner, about my future partners or a husband or wife?
- How would I and my partner feel if others find out about our relationship?
- Do I really TRUST my partner completely?
- What if this turns into a strictly sexual relationship and that is all we ever do- how would I feel then?
- What extra strains might there be on the relationship once we've had intercourse?
- How will I feel if we break up?
- What will I do to prevent pregnancy?
- To prevent sexually transmitted infections (STI'S )
- What would I do if a pregnancy results from having intercourse? How would I and my partner feel?
- What would I do if my partner gets an STI?
- How would my family (parents, siblings) feel if they found out about my sexual relationship? How would I feel about their knowing?

**If you cannot answer all of these questions with confidence. You are not ready to engage in sexual intercourse!**

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**Persuasion vs. Excuses**

**Direction:** Please write down as many statements that you can think of that would answer the following questions. What are some persuasion lines that are used to pressure someone into sexual acts? What are some excuses that someone may respond with?

<b>Persuasion: cause someone to do something through reasoning or argument</b>	<b>Excuses: a reason or explanation put forward to defend or justify</b>	

