

Aim: What is an unhealthy relationship?

Let's talk about Sam & Sue

What got the relationship started?

What happened once the relationship got started?

What are good and bad parts of the relationship?

**Aim: What is an
addiction?**

Addiction: The continued use of a substance or behavior despite negative consequences



Stages of Addiction:

1. Curiosity

2. Experimentation

3. Recreational & Social Use

4. Preoccupation

5. Addiction

Physical vs. Psychological

Physical Dependence:
occurs when the body
needs the drug to be able to
function

Psychological Dependence : the user
relies on the drug for a sense of
well-being and is convinced that he
or she needs the drug in order to
function

Addicted people lose interest in other parts of
their life! They are preoccupied with getting more
of the drug!

Withdrawal

The physical symptoms that occur when a drug to which a person is physically addicted is cleared from the bodies tissue

Tolerance

Needing more & more of a substance in order to get the same affect